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Many patients question which over the counter medications are safe to take during pregnancy.

We consider the following medication, or their equivalents, safe to take during pregnancy:

- Tylenol
- Tylenol Sinus
- Maalox
- Mylanta
- Any stool softener
- Sudafed
- Benadryl
- Robitussin (plain) not D.M.
- Tylenol Sinus
- Zantac
- Pepcid
- Tagamet HB

**DO NOT USE
ASPIRIN
OR
IBUPROFEN
PRODUCTS !**

NOTE: Most insurance carriers allow 13 visits for prenatal care. However, some pregnancies with complications require more visits. These additional visits may be subject to co-pays and the referral process as dictated by your coverage.